



Yumi Hashizume

Faculty of Medicine

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Affiliation : Division of Health Innovation and Nursing, Gerontological Nursing & Caring,

Theme

- Nursing & Caring for all aging people and health care professionals

Keyword Health promotion, Family caregiving, Gender issues, developing countries

Highlight

Major Scientific Interests of the Group

Having been faced super aging society, we are striving useful research and educational activities for elderly people and their families, and all aging population who are in need of caring. I am interested in the following theme and our group are good at mixed method with qualitative research method such as Grounded Theory Approach.

- Health promotion of family caregivers of older adults
- Supporting middle-aged couples (foreign bride and Japanese spouse) who take care of aging family members
- Gender issues on family caregiving,
- Family caregiving in Mongolia

Projects for Regular Students in Doctoral or Master's Programs

Validation and support of transferring medical care implementation among the health care professionals in community, long-term care settings for the older adults.

Study Programs for Short Stay Students (one week – one trimester)

Site visit on Japanese long-term-care: Toyamagata-day service

Other Faculty Members: Not applicable

Applications and Prospects

- Establishing & supporting self-regulated day-care program/services in community settings for the developing countries

Literature, intellectual property, work

- Yumi Hashizume, The coping with the oppressed feelings program: a pilot feasibility study for employed female caregivers of aging parents. *Journal of Nursing and Practice*, 2 (2), 62-72, 2018
- Yumi Hashizume, Releasing from the oppression: caregiving for the elderly parents of Japanese working women. *Qualitative Health Research*, 20 (6), 830-844, 2010
- Noriko Okamoto, Hitomi Matsuda, Xiaochen Wang, Naoki Maki, von Fingerhut Georg, Takumi Abe, Akihiro Araki, Toshifumi Takao, The relationship between social network and sleep quality, *Sleep Biological Rhythms*, 16,506,2018
- Noriko Okamoto, Hitomi Mastuda, Awareness and Related Factor of Hand hygiene among Nurses Working in Elderly-Care Facilities, *Journal of Gerontological Nursing and Caring Research*, 4,2,1-10,2014